

HPL Primary Newsletter February 2021



Introduction

Welcome to the second HPL (High Performance Learning) newsletter for this term. Here you will find further ACPs (Advanced Cognitive Performance Characteristics) and their definitions.

"In a fixed mindset, people believe their basic qualities such as their intelligence or talent, are simply fixed traits.

In a growth mindset, people believe that their most basic abilities can be developed through dedication and hard work - brains and talent are just the starting points." *Carol S. Dweck 2007.*

Delivering success...is not like entering your numbers into a lottery. You cannot rely on chance to deliver success; if you do, you are as likely to be successful as you are at winning the lottery.

Accompanied by hard work, the delivery of success is wholly reliant on a carefully and meticulously structured process. Remember the best way to predict success is to create it.' *Whyte, 2015 p37.*



ACPs: Realising Raif – Automaticity

This is 'the ability to use some skills with such ease that no longer require active thinking.'

Encourage your child to practice automaticity.

Demonstrating automaticity:



'Both physical and mental'

'Keenness to practice to develop muscle memory'

'Quick recall'



'Independent thinking'

'Developing skills to such a high level that they become fluent'

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ACPs: Realising Raif – Speed and Accuracy

This is 'the ability to work at speed and with accuracy.'

Encourage your child to incorporate a routine of daily practice for mastery.

Being fast and accurate:



'Being well-motivated'

'Working at speed'



'Being an effective strategy-planner'

'Working without errors'

'Being reflective in order to check accuracy'

Big Question

What are the areas that you can improve your automaticity/speed and accuracy and how?

How can you use this skill to succeed at school and at home?

Inspiration

Remember Parents are Important

- Children spend only 15% of time per day in the class
- What do you do at home can make a real difference?
- Parents can build or undermine self-concept and self-esteem
- Parenting to grow minds does not require you to be Einstein
- Parents can influence aspiration, motivation and attitude

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Year 1

High Performance Learning Highlights



Shane is amazing at **linking things** together. He listens to other peoples views and loves to work with **big ideas**. He is great at forming **generalisations** from **past experiences** that could apply to other situations.

I Used Linking Liam to link what I have learnt in today's activity.

linking things together



Pratham has an **enquiring** mind. He **takes risks** and is **open-minded** in his thinking. He understands the need to listen to others and take their advice if he believes they are right. He is **creative** and **enterprising** and is willing to invent new ways to solve problems.

I have an **Inquiring Mind**

Agile Anita




Lojain approaches new learning experiences by connecting what she already knows. She uses a wide range of **thinking skills**. Lojain can **confidently explain** her decisions when solving problems and is good at **monitoring, evaluating**. She always participates in discussions confidently.

I can **explain confidently**



Vince loves to research and create. He used **Linking Liam** and **Creating Curtis** in his project. Linking his research on the UAE Hope Probe Mars mission and **applying** what he learned to create his own Hope Probe model. He explored his creativity and **intellectual playfulness** by using recyclable materials and transforming them into something amazing.

Linking Liam



Zara loves to be **playful** with her **thinking**, she likes to bend the rules to make something **original**. She is **flexible** and fluent, she doesn't mind if she has to **change her ideas for better** ones as she has so many! She is always using what she already knows to think up new things to solve new problems.

I like to use **new Strategies**

Creating Curtis

Year 1 used their enquiring minds and dived deep into the world of HPL. They approached their lessons and activities creatively, using a variety of HPL characters confidently. They were able to explain why and how they used their characters and embraced all of those HPL qualities they so admired and spoke about as it brought about a new depth to activities and tasks.

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Year 2

High Performance Learning Highlights

We had many amazing learning experiences and embedding the HPL VAAs and ACPs has had a noticeable difference in Year 2. Students have become more reflective and they are able to independently identify their areas of strengths and weaknesses. The greatest impact we have witnessed in High Performance Learners is the increase in confidence, the rippling effect of this into other aspects of their school and personal life has resulted in increased student achievement and attainment. The confidence allows them to be agile, creative and hardworking learners who can articulate the HPL characteristics.

I use HPL superheroes in all the lessons. I like to use Linking Liam more in my lessons. I like to connect lessons and subjects and I have been labeled as "Linking Liam of the lesson" many times in lessons by my teacher.

-Hadi Saleem
Y2.3



Hello, Everyone my name is Advik Palapetty, I am studying in Year 2-1. This week we studied some interest new Math skills. We learnt tally, pictographs, and block diagrams. I used the skills of Analysing Anna and worked with the rules to work logically and created pictographs confidently like Meta thinking Maryam. I applied the skills if Realising Raif to work with speed and accuracy while making tallies, pictograph, and block diagrams.



I use the HPL in the class during Starter, Main Task, Critical Thinking and Plenary by always being playful, creative and confident with all my answers similar to the skills of the HPL characters. Amira Abdul Majid, Year 2-2



I use the HPL characters according to my lessons. I use Linking Liam in SST because we are learning about culture and traditions of UAE, how it was in the past and how it has developed in the present. Linking Liam is great in linking past experiences and working with big ideas. I have linked my new learning to my past experience when I went to Heritage Village and explored about UAE culture.

- Ayaan Atish Alam, Year 2.5

